



SUPPORTIVE LIVING
HOME HEALTH CARE

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Trained to Serve.
Here to
Care!

Supportive Living Home Health Care Closely Monitoring the Coronavirus (COVID-19)

We understand the urgency and sensitivity during this time, and that's why we're notifying you directly to let you know about recent changes to address COVID-19 and where you can find the most up-to-date information. Under these unique circumstances, we want to continue to support your needs.

Everyone has a role to play in staying healthy and reducing the spread of respiratory illnesses like Coronavirus!

- If you are sick – STAY HOME
- Use cough and sneeze etiquette (use your elbow!)
- Practice proper hand hygiene
 - Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose/coughing/sneezing and most importantly before and after caring for your clients. Encourage your clients to do the same.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
 - Keep your workspace and home clean using routine cleaning
 - Routinely sanitize frequently touched surfaces like workstations, countertops, and doorknobs. Follow the instructions on your normal cleaning products.

*No additional disinfection beyond routine cleaning is recommended at this time.

Reminders:

-If you think you or your client has been exposed to COVID-19 please inform us immediately. Our goal is to protect you, your client and ensure that the work environment is safe.

- Timesheets are due Monday's by the end of business day. If you decide to fax or email

any timesheets during this time please ensure you keep the original completed timesheet to turn into the agency before the next pay period. If you are too sick to report to work please notify us to ensure the client gets the assistance he/she needs during your absence by calling the office (leave message if you don't speak to a staff member).

-This month's staff meeting is postponed at this time until further notice. If you have questions regarding this matter please feel free to ask. Be on the look out for upcoming make up dates. This meeting is important to ensure you are familiar with updated state regulations and new policies.

Staying up-to-date:

As with any public health issue, Supportive Living Home Health will work and follow all guidance and protocols issued by the CDC, Centers for Medicare & Medicaid Services (CMS), state and local public health departments regarding COVID-19. For the latest news and guidance on the virus, please visit [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov).

We'll continue to review and monitor updates from the CDC, local and global outlets and adjust our processes accordingly with this rapidly developing public health matter.

Let's continue to work as a team to ensure our clients remain safe while getting the care they need.

Thank You,

Jennifer Anderson RN, Administrator
Supportive Living Home Health Care

Handwashing the Right Way

Five Steps:

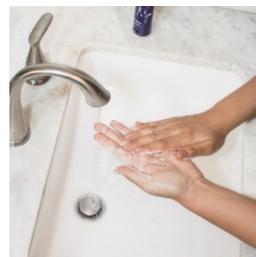
1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

3. Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

4. Rinse your hands well under clean, running water.

5. Dry your hands using a clean towel or air dry them.





Do I need to buy face masks?

- The CDC does not recommend healthy people wear a facemask to protect themselves from respiratory diseases, including COVID-19.
- Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.

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